

MEN

	XS	S	M	MT	L	XL	XLT	XXL	XXXL
Average Height (cm)	5'2"-5'4" (158-163)	5'4"-5'7" (163-170)	5'7"-5'10" (170-178)	6'2"-6'3" (188-191)	5'10"-6'1" (178-186)	6'1"-6'2" (186-188)	6'3"-6'5" (193-197)	6'2"-6'3" (188-191)	6'2"-6'3" (188-191)
Chest (cm)	34"-36" (87-92)	36"-38" (92-97)	38"-40" (97-102)	38"-40" (97-102)	41"-43" (104-109)	44"-46" (112-119)	44"-46" (112-119)	47"-49" (120-125)	50"-52" (127-132)
Waist (cm)	28" (71)	29"-30" (74-76)	31"-33" (79-84)	31"-33" (79-84)	34"-37" (87-94)	38"-40" (97-102)	38"-40" (97-102)	41"-43" (104-109)	44"-45" (112-115)
Inside Leg (cm)	29" (74)	30" (76)	31" (79)	33.5" (86)	32" (81)	33" (84)	35" (89)	33.5" (86)	33.5" (86)

WOMEN

UK	6	8	10	12	14	16	18	20
USA	2	4	6	8	10	12	14	16
EURO	32	34	36	38	40	42	44	46
Bust (cm)	30"-31" (76-79)	31.5"-32.5" (80-83)	33"-34" (84-87)	35"-36" (89-92)	36.5"-37.5" (93-96)	38"-39" (97-99)	40"-41" (102-104)	42"-43" (107-109)
Waist (cm)	24"-25" (61-63)	25"-26" (63-66)	26"-27" (66-69)	28"-29" (71-74)	30"-31" (76-79)	32"-33" (81-84)	34"-35" (87-89)	36"-37" (92-94)
Hips (cm)	33"-34" (84-87)	34.5"-35.5" (88-91)	36"-37" (92-94)	37"-38" (94-97)	39"-40" (99-102)	41"-42" (104-107)	43"-44" (109-112)	45"-46" (114-117)

Size based on average height 5'4" – 5'6" (163-168cm) and the average inside leg of 30"-32" (76-81cm)

JUNIOR

Size Age (Years)	JXXXS (2-3)	JXXS (4-5)	JXS (6-7)	JS (8-9)	JM (10-11)	JL (12-13)
Height (cm)	3'0"-3'21/2" (92-98)	3'21/2"-3'5" (98-104)	3'10"-4'0" (116-122)	4'21/2"-4'5" (128-134)	4'7"-4'91/2" (140-146)	5'0"-5'2" (152-158)
Chest (cm)	20"-21" (52-53)	21"-23" (53-58)	23.5"-24.5" (60-62)	25"-26" (64-66)	27"-28.5" (69-72)	30"-32.5" (76-83)
Waist (cm)	19"-19.5" (48.5-50)	19.5"-20" (50-51)	21.5"-22" (55-56)	22.5"-23" (57-59)	24"-25" (61-64)	25"-27" (64-68)

FOOTWEAR

Euro	33	34	35	36	37	38	39	40	41	42	43	44	45	46	47	48	49
UK and Australia	1	2	2.5-3	3.5	4	5	5.5	6.5	7.5	8	9	9.5	10.5	11	12	13	14
US Men	1	2.5	3	4	5	6	7	7.5	8	9	10	10.5	11	12	13	14	15
US Women	3	4	5	6	7	8	9	9.5	10	11	12	-	-	-	-	-	-
Socks	-	-	S	S	S	S	M	M	M	M	L	L	L	L	L	L	L

Manufactured in Euro sizes

COMPRESSOR VEST

	S	M	L
Chest (cm)	89-96	92-102	105-115
Weight (kg)	50-60	60-70	>70
Buoyancy	40	45	50

Chest measured in centimetres. Weight measured in kilograms. Buoyancy measured in newtons.

PRO RACER/TEAM BUOYANCY AID

	CHILD	YOUTH	S	M	L	XL	XXL
Chest (cm)	81	86	91	96	106	116	126
Weight (kg)	30-40	40-50	40-50	60-70	>70	>70	>70
Buoyancy	35	40	40	45	50	50	50

Chest measured in centimetres. Weight measured in kilograms. Buoyancy measured in newtons.

FRONT ZIP BUOYANCY AID

	CHILD	YOUTH	S	M	L	XL
Chest (cm)	81	86	91	96	106	116
Weight (kg)	30-40	40-50	50-60	60-70	>70	>70
Buoyancy	35	40	40	45	50	50

Chest measured in centimetres. Weight measured in kilograms. Buoyancy measured in newtons.

GLOVES - UNISEX

	XS	S	M	L	XL	XXL
Unisex	6.5" - 7" / 16.5 - 17.5	7" - 7.5" / 17.5 - 19 cm	7.5" - 8.5" - 19 - 21.5 cm	8.5" - 9.5" / 21.4 - 24 cm	9.5" - 10.5" / 24 - 26.5 cm	10.5" - 11.5" / 26.5 - 29 cm

GLOVES - WOMENS

	S	M	L
Ladies	6.5" / 16.5 cm	6.5 - 7" / 16.5 - 17.5 cm	7 - 7.5" / 17.5 - 19 cm

GLOVES - JUNIOR

	CHILD	JNR
Junior	-	6" - 6.5" / 15 - 16.5 cm
Child	6" / 15 cm	-

HIKING PADS - MENS SUITS

Suit Size	XS	S	M	L	XL
Pad Size	1	1	2	2	3
Pad Length (mm)	195	195	215	215	240

HIKING PADS - WOMENS SUITS

Suit Size	10	12	14	16
Pad Size	1	2	2	3
Pad Length (mm)	195	215	215	240

HIKING PADS - JUNIOR

Suit Size	JS	JM	JL
Pad Size	JNR	JNR	JNR
Pad Length (mm)	175	175	175

Pads are measured in millimeters